## Group 1

Ideas to let co-workers know and feel they are values:

- 1. Simple; we tell and show them. Example: I appreciate you!
- 2. Shout outs!
- 3. Thank you-cards for accomplishments.
- 4. Awards, big and small.
- 5. Recognition in group meetings.
- 6. Fairness when distributing work.
- 7. A little transparency goes a long way.
- 8. Having each other's back.
- 9. Helping with development and achieving goals through details and acting assignments.
- 10. Feedback, both positive and constructive. Feedback shows your work matters.
- 11. Vacation to Hawaii.
- 12. Encouraging collaboration within the team and promoting team pride.
- 13. 1-1 open expression conversations.
- 14. Celebratory potluck/lunch.

## Group 3

How do you make colleagues feel valued?

- Listen
- 2. Saying "thank you" and "I appreciate you"
- Discuss topic
- 4. Make plans with coworkers
- 5. Support other
- 6. Ask engaging questions
- 7. Sending thank you notes
- 8. Acknowledge life changing events
- 9. Showing empathy during challenging times
- 10. Limit interruptions
- 11. As a manager Pay is consistent with duties
- 12. Bring food often
- 13. Asking opinion
- 14. Recognizing publicly and privately accomplishments
- 15. Liberally approve leave
- 16. Showing support/interest to their outside office life activities
- 17. Acknowledging conversations and follow through with actions
- 18. Reflective listening
- 19. Sharing "credit" when working together on projects
- 20. Showing genuine concerns for feelings or emotions
- 21. Respect boundaries
- Asking if they need help or volunteering to help them in areas you are more experienced in
- 23. Give undivided attention

## Group 2

- 1. Compliment
- 2. Encourage
- 3. Acknowledge
- 4. Support
- 5. Listen-actively
- 6. Focus on strengths to build confidence
- 7. Show courtesy & respect
- 8. Make personal connections
- 9. Build relationships
- 10. Remember personal details
- 11. Admit our mistakes
- 12. Create environment to allow mistakes (learning opportunities)
- 13. Be clear with requests
- 14. Do not interrupt, let them get their thoughts out
- 15. Be open
- 16. Gain trust
- 17. Monitor your own body language
- 18. Pay attention to what they have to say
- 19. allow time to focus on what they are saying, do not rush
- 20. positive attitude
- 21. polite/tactful recommendations
- 22. avoid negativity
- 23. be a team player
- 24. clarify for understanding
- 25. open/approachable
- 26. understand/respond to needs

How do you make your colleagues feel valued?

- 1. Mention any assistance provided in team meetings.
- 2. Send them personal thank you emails.
- 3. Contact them regularly to see how they are doing.
- 4. Rewards them with gifts, time off or compensation.
- Recommend them for awards / recognition.
- 6. Show gratitude (privately and publicly) for what they say and do.
- 7. Create an inclusive environment.
- 8. Offer assistance when they are in need.
- Provide opportunities for growth and promotion.
- 10. Make them feel special by remembering important dates (B-day / Anniversary).
- 11. Celebrate their achievements with parties / gatherings.
- 12. Allow them the opportunity to share / discuss their achievements or concerns.
- Create an environment where all are comfortable displaying their skills, talents, personality, feelings.
- 14. Assist them with their work, projects, responsibilities before it is asked for.
- 15. Name your child after them.