

Man - Myoh - Wang - Yung

When there's a will, there's a way

Let it go & move on

Just Keep Swimming

Deep Breaths - just keep moving - or let it go

Im good enough, im smart enough and doggone it, People like me!

I deserve to be here and will work through this.

Be better.

All things are possible with God

Deep Breaths - either just keep going - or let it go

Joy

today is all that matters, tomorrow is not guaranteed

commit/forgive re-start

Feeling uncomfortable comes with growth.

LET I

"querer es poder" which translates to when there is a will there is a way.

All flowers grow from dirt

Keep Going!! small movement is better than no movement